

responsibility



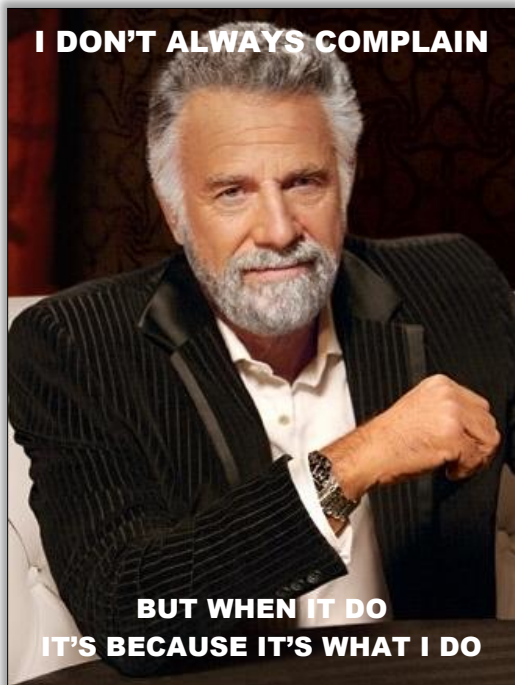
5.2 Owner's (YOUR) Responsibility.

Except for maintenance performed on a Lot by the Association pursuant to Section 5.1, if any, all maintenance of the Lot and all structures, landscaping, and other improvements thereon shall be the sole responsibility of the Owner thereof, who shall maintain such Lot in a manner consistent with the Community-Wide Standards.

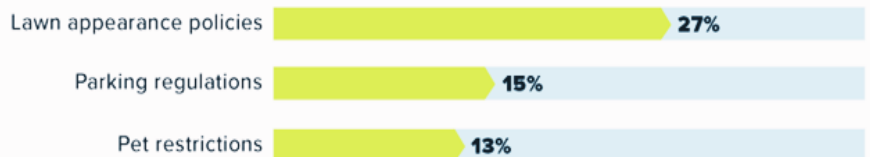
Such maintenance obligation shall include, without limitation, the following: prompt removal of all litter, trash, refuse, and waste; lawn mowing on a regular basis; tree and shrub pruning; watering landscaped areas; keeping improvements, and exterior lighting in good repair and working order, keeping lawn and garden areas alive, free of weeds, and attractive; keeping driveways in good repair; complying with all governmental health and police requirements; and repair of exterior damages to improvements.

In the event that the Board of Directors determines that any Owner has failed or refused to discharge properly any of such Owner's obligations with regard to the maintenance, repair, or replacement of items for which such Owner is responsible hereunder, the Association shall, except in an emergency situation, give the Owner written notice of the Association's intent to provide such necessary maintenance, repair or replacement at the Owner's sole cost and expense. The notice shall set forth with reasonable particularity the maintenance, repair or replacement deemed necessary.

The Owner shall have ten days after receipt of such notice within which to complete such maintenance, repair, or replacement, or, in the event that such maintenance, repair or replacement is not capable of completion within a ten-day period, to commence such work which shall be completed within a reasonable time. If any Owner does not comply with the provisions hereof, the Association may provide any such maintenance, repair or replacement and all costs thereof shall be assessed against the Owner and the Lot as a specific assessment.



MOST HATED HOA RULES*



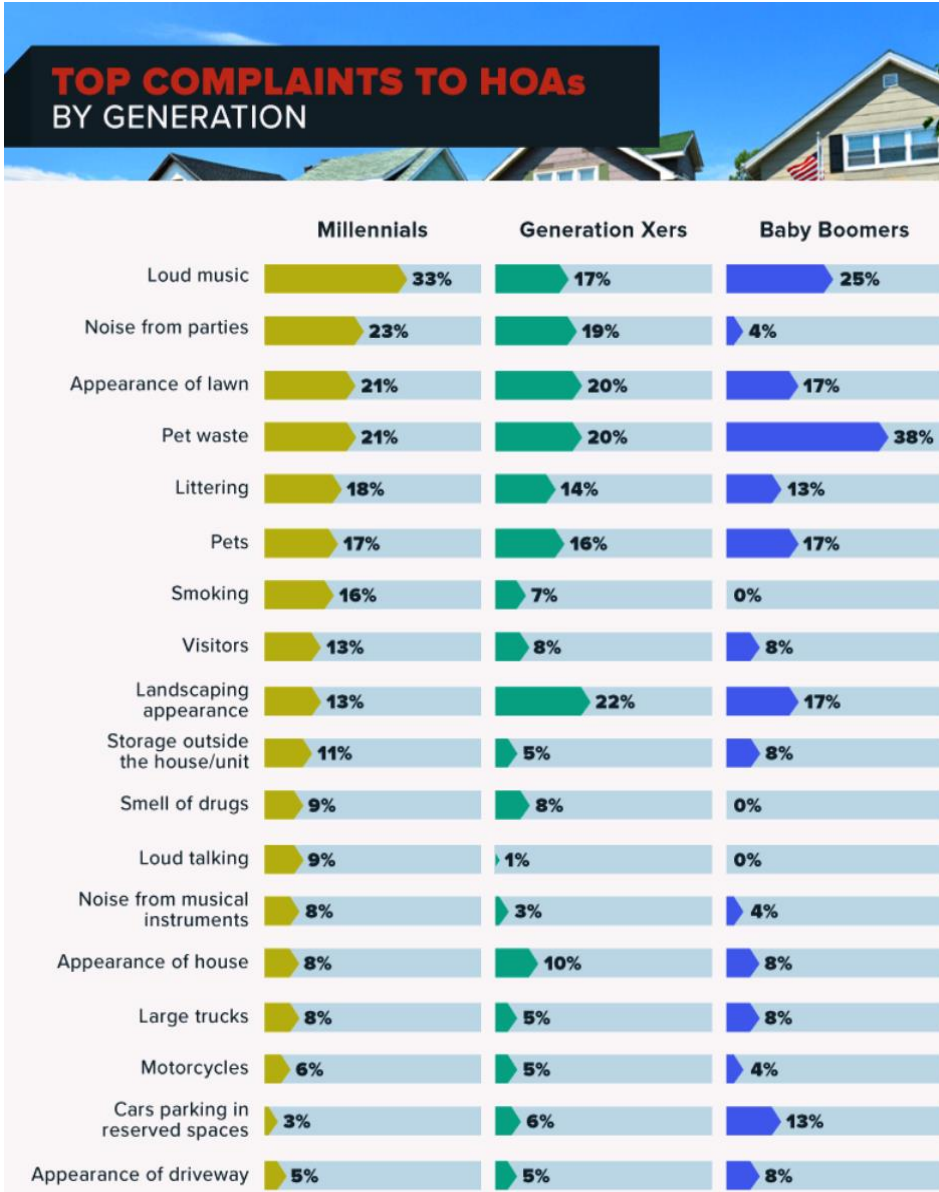
*Survey question: Which rule has the most negative impact on you?

MOST WANTED HOA RULES



Let's Get Honest About HOAs

Recent studies show Americans still believe homeownership is the key to the American Dream, but even more Americans say the American Dream is tied to freedom of choice in how they live. It can, therefore, feel personal when an HOA says your cherished lawn gnome or jam-packed flower bed is against the rules. But beyond the rules and regulations, how do homeowners really feel about their HOAs? A recent survey of over 2,900 people from various demographics, was asked about the value of HOA fees, the most annoying HOA policies.



AUGUST

- Aug. 1-7: International Clown Week
- Aug. 3: National Watermelon Day
- Aug. 10: National S'mores Day
- Aug 12: Vinyl Record Day
- Aug. 13: International Left-Handers Day
- Aug. 20: International Geocaching Day
- Aug. 20: World Honeybee Day
- Aug. 25: Kiss-and-Make-Up Day



"Why is it a penny for your thoughts but you have to put your two cents in? Somebody's making a penny."



OVERALL, **MEN** COMPLAINED MORE ABOUT NOISE AND SMOKING, WHILE **WOMEN** COMPLAINED MORE ABOUT LAWN APPEARANCE, PETS, AND HOME APPEARANCE.



Noun

nuisance



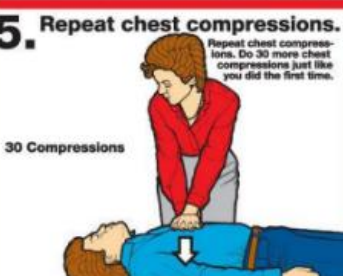
1: one that is annoying, unpleasant, or obnoxious

CC&Rs: 7.7 Nuisance. It shall be the responsibility of each Owner and Occupant to prevent the development of any unclean, unhealthy, unsightly or unkempt condition on a Lot. No property within the Community shall be used, in whole or in part, for the storage of any property or thing that will cause such Lot to appear to be in an unclean or untidy condition or that will be obnoxious to the eye; nor shall any substance, thing or material be kept that will emit foul or obnoxious odors or that will cause any noise or other condition that will or might **disturb the peace, quiet**, safety, comfort or serenity of the occupants of surrounding property. No noxious or offensive activity shall be carried on within the Community. No plants, animals, device or thing of any sort shall be maintained in the Community whose activities or existence is in any way noxious, dangerous, unsightly, unpleasant or of a nature as may diminish or destroy the enjoyment of the Community by other Owners and Occupants. Without limiting the generality of the foregoing, no speaker, horn, whistle, siren, bell, **amplifier** or other **sound device**, except devices as may be used exclusively for security purposes, shall be located, installed or maintained upon the exterior of any Lot.

These printable graphics are on our web page, under documents.

www.kensingtonowners.com

ADULT CPR 9 YEARS AND OVER IN AN EMERGENCY CALL 911

- 1. Attempt to wake the victim and call for help.** If the victim is not breathing (or is just gasping for breath), call 911 immediately and go to step 2. If someone else is there to help, one of you call 911 while the other moves on to step 2.
 
- 2. Begin chest compressions.** If the victim is not breathing, place the heel of your hand in the middle of his chest. Put your other hand on top of the first with your fingers interlaced. Compress the chest at least 2 inches (4-5 cm). Allow the chest to completely recoil before the next compression. Compress the chest at a rate of at least 100 pushes per minute. Perform 30 compressions at this rate.
 
- 3. Open the airway.** After 30 compressions, open the victim's airway using the head-tilt, chin-lift method. Pinch the victim's nose and make a seal over the victim's mouth with yours. Use a CPR mask if available.
 
- 4. Begin rescue breaths.** Give the victim a breath, just enough to make the chest rise. Let the chest fall, then repeat the rescue breath once more. If the chest doesn't rise on the first breath, reposition the head and try again. Whether it works on the second try or not, go to step 5.
 
- 5. Repeat chest compressions.** Repeat chest compressions. Do 30 more chest compressions just like you did the first time.
 
- 6. Repeat rescue breaths.** Repeat rescue breaths. Give more breaths just like you did in step 4 (unless you're skipping the rescue breaths). Repeat steps 5 and 6 for about two minutes (about 5 cycles of 30 compressions and 2 rescue breaths).
 

INFANT CPR UNDER 1 YEAR IN AN EMERGENCY CALL 911

- 1. Attempt to wake the infant and call for help.** If the infant is not breathing (or is just gasping for breath), call 911 immediately and go to step 2. If someone else is there to help, one of you call 911 while the other moves on to step 2.
 
- 2. Begin chest compressions.** If the infant is not breathing, place three fingers on the center of the chest below the infant's nipples. Push straight down on the chest at least 1 - 1 1/2 inches (3-4 cm) or a third of the child's body. Allow the chest to completely recoil before the next compression. Compress the chest at a rate of at least 100 pushes per minute. Perform 30 compressions at this rate.
 
- 3. Open the airway.** After 30 compressions, open the infant's airway using the head-tilt, chin-lift method. Place your mouth over the infant's nose and mouth making a seal with yours.
 
- 4. Begin rescue breaths.** Give the infant a breath just enough to make the chest rise. Let the chest fall, then repeat the rescue breath once more. If the chest doesn't rise on the first breath, reposition the head and try again. Whether it works on the second try or not, go to step 5.
 
- 5. Repeat chest compressions.** Repeat chest compressions. Do 30 more chest compressions just like you did the first time.
 
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Assumptions about Aging

“Just remember.. once you're over the hill, you begin to pick up speed.”

*Why is it so easy for so many of us to hold on to, believe, and fear some of those negative and outdated generalizations out there about aging? It's probably because we remember “old age” as it was when we were growing up. Images of the frail older people we knew in our youth are still clear in our heads. **But our early memories of “old age” are not accurate reflections of today's reality folks.***

Yes, some of the old assumptions people still hold on to about aging do contain some truth, but many are exaggerated. Certainly, many of us will face some challenges, difficulties, and losses in later life, but we will be experiencing them in a world very

different from that of our great grandparents, grandparents, or our own parents. We are growing older with the benefit of medical and technological advances that have increased life spans and improved quality of life for older people.

“OLD AGE AIN'T FOR SISSIES”

A few false, but common assumptions

ASSUMPTION: OLDER = POOR HEALTH

Yes, our bodies change as we age and, yes, some of those changes affect our health. But poor health is not already written on the pages of the book of our “old age.” Many of the chronic health problems most common in later life can be prevented or treated with lifestyle changes and/or medications.

There's a lot we can do in our daily lives to stay as healthy as possible in our later years, like visiting a doctor regularly, eating a healthy diet, exercising at an appropriate rate for our age and abilities, getting enough sleep, keeping our minds active, and staying social. Not only can these steps lower the risk of health problems, but they can also help make life more enjoyable, help us stay independent, and help us live longer. **Pickleball anyone?**

ASSUMPTION: OLDER = LACK OF INTEREST AND GROWTH

Life is an educational experience from beginning to end. It's never too late to learn new things. Some folks view old age as a time to stick to what you're used to or comfortable with and not as a time to venture into uncharted waters. It's okay if that's your own personal and informed choice, but it certainly isn't the only approach to getting older. Later life can be a great time to throw open doors to new things.

Just because we're older doesn't mean we're unable to adapt to something new or unfamiliar. Think of all the changes and transitions we've already had to face and adjust to on the path to reaching our later years. Looking back, there are probably too many changes to count. Many of those new things we've encountered along the way have actually ended up making our lives more interesting and, in some cases, they've even made life easier. So why stop now? We may be older, but we can still learn, and we can still grow.

ASSUMPTION: OLDER = LOSS OF MEMORY AND MENTAL AGILITY

There are lots of things older people can do to keep our minds engaged and sharp, like learning something new, taking a class, doing mind challenge puzzles, reading, engaging in stimulating conversations, etc. When we continue to learn and challenge ourselves intellectually, we exercise our minds and make it easier for our brains to store, retrieve, and use information.

Yes, sadly, some of us will experience cognitive and memory issues as we get older that we have no control over. In some of these instances, medical interventions may be able to help. Fortunately, many older people never face challenges that completely rob them of their ability to think and function. We may become more forgetful and perhaps less attentive, but that doesn't mean our minds will let us down completely.

ASSUMPTION: OLDER = ISOLATION, LONELINESS, AND USELESSNESS

As the years go by, some people find they have less social contact with others and less opportunities to be involved in life beyond their own limited world. Maybe it's because they no longer live near family and friends. Perhaps the people closest to them have passed away. But it doesn't have to be that way. “Old age” does not have to be lonely.

Social interaction and feeling involved is important to our health and longevity. Thankfully, there are plenty of ways to stay connected to and engaged with others as we age. We can be socially active by going to the local senior center or library. We can join clubs and take classes. We can join a church or synagogue. We can be active in our communities by volunteering. If we have friends and loved ones living in other places, we can use the Internet, our cell phones, and social media to connect with them face-to-face across the miles.

One of these tiles is NOT like the others. Can you find the one-of-a-kind tile?

